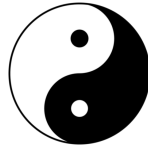


TAI CHI CHUAN



YANG STYLE SHORT FORM

1. Commencement	13. Strike opponent's ears with both fists
2. Partition the wild horse's mane LRL	14. Turn and kick with left sole
3. Stork cools its wings	15. Single whip – snake creeps down – golden cock stands on left leg
4. Brush knee and twist step RLR	16. Single whip – snake creeps down - golden cock stands on right leg
5. Play the fiddle	17. Fair lady works at shuttle RL
6. Step back and repulse the monkey - RLRL	18. Needle at sea bottom
7. Grasp bird's tail L Ward off Pull back Press forward Push Turn and grasp the bird's tail R Ward off Pull back Press forward Push	19. Fan through the back
8. Single whip	20. Turn and chop opponent with fist
9. Wave hands like clouds (4)	21. Deflect downward, step up, parry, step up & punch
10. Single whip	22. Apparent counter and closure
11. High pat on horse	23. Cross hands
12. Kick with right sole	24. Conclusion